What to Bring to Your WIC Appointment

Appointment for: _____

Date: _____ Time: _____ a.m./p.m. WIC phone no. _____

If you don't have any of the items listed below or have questions, call the WIC clinic to find out what you should bring to your appointment.

1. **Each Person Applying for WIC** must come to the clinic for their appointment. Please bring an extra diaper for infants and toddlers because they need to be weighed in a clean, dry diaper.
2. **Identification**

   If you are on WIC:

   Bring your WIC I.D. This is the Texas WIC Program I.D. card **OR** the WIC Lone Star card (WIC EBT card). Bring identification for any NEW family members applying for WIC. See the list below under "If you are NOT on WIC."

   If you are not on WIC:

   Bring I.D. for yourself and each person applying for WIC. Any of these I.D.s are acceptable:

   - Medicaid, Food Stamps, or TANF form / letter
   - driver's license
   - Social Security card
   - foster placement letter
   - picture I.D. (school, employee, or official)
   - military I.D.
   - passport or immigration records
   - immunization record
   - birth certificate
   - crib card, hospital discharge papers, or hospital I.D. bracelet
3. **Proof of Where You Live**

   Bring one of the following with your name, street address, city, state, and zip code. WIC cannot accept P.O. boxes as proof of residence.

   - Medicaid, Food Stamps, or TANF form / letter
   - utility (light, water, or phone) or credit card bill
   - foster placement letter
   - business letter
   - rent receipts, agreement, or a letter from the landlord
   - letter from a homeless shelter

   If you live with someone and do not receive mail at their address, bring:

   a signed letter from the person you live with stating their name, address, and phone number, AND a document such as a light, water, phone, or credit card bill addressed to the person who signed the letter.
4. **Proof of Income for Everyone in the Household**

   Complete a WIC Income Questionnaire (Form WIC-35-3) before your WIC appointment so you will know what to bring for proof of income. **If you do not have this form, you can complete one at the WIC clinic.**

   Bring all sources of income. Examples include:

   - Medicaid, Food Stamps, or TANF form or letter **(dated the same month as your appointment)**
   - paycheck stub dated within 60 calendar days of your appointment
   - Social Security benefits statement
   - unemployment insurance benefit statement
   - child support (e.g., court papers or history of payments)
   - worker's compensation statement
   - retirement income statement
   - If you receive financial support from someone who lives outside of your household, bring a signed and dated letter from the person or social service giving support with their name and the amount and type of support given.
5. **Immunization Records** for infants and children, if available.
6. **Social Security Numbers** for everyone in the household, if available.

For more information on WIC, go to http://www.dshs.state.tx.us/wichd/

This institution is an equal opportunity provider.
© 2008 Department of State Health Services. All rights reserved.